

Carers Health Steering Group

Annex 6

York Carers Strategy Action Plan 2009 - 12 Review of Progress

<u>National Strategic Outcome Four</u>					
Carers will be supported to stay mentally and physically well and treated with dignity (Targets agreed by Carers Health Steering Group)					
	Outcome	Local priority	Target 2011-15	Key achievements	Outstanding
4A	Prevention: Carers should have access to appropriate medical advice, and support about their own health needs	<p>1. Self-health checklist distribution and evaluation</p> <p>2. To learn from the national demonstrator sites and adapt action plan if appropriate.</p> <p>3. Explore opportunities for Back care training.</p>	<p>1.Update and identify funding for reprint. Distribution by March 2012</p> <p>2. Carer leads to report any findings at future meeting</p> <p>3. Funding identified and offered by March 2012.</p>	<p>1. Carers Forum and Carers Centre updated, distributed and received feedback.</p> <p>2. CYC Carers lead offered to do a brief report on findings and feedback</p> <p>3. Discussions held at Strategy group as to possibility of using reablement non recurrent funding for a 2 (?) year project</p>	<p>1.Agreement needed on next steps. Meeting Aug 15th .</p> <p>2.CYC Carers lead to feedback at next meeting</p> <p>3.York Programme Board to agree to funding.</p>

		<p>4. Ensure advice on lifting and handling given to carers on discharge of cared for person from Hospital.</p> <p>5. Ensure carers issues are considered as part of the levels of Care as it develops</p>	<p>4. Included in discharge policy by September 2011.</p> <p>5. Carers issues included in the service specification for the levels of care by December 2011.</p>	<p>4. Included in the principles for Admissions and Discharge policies and circulated to all Acute Trusts.</p> <p>5. Draft service specification complete</p>	<p>4. Need confirmation from York Acute Trust they are signed up to the principles.</p> <p>5. Need agreement and sign off and implementation</p>
4B	<p>NHS: Carers needs should be addressed in hospital admission and discharge procedures including mental health</p>	<p>1. To include recommendations of ADASS report 'Carers as Partners in Hospital Discharge' in discharge policy and contracts for acute care http://www.adass.org.uk/index.php?option=com_content&view=article&id=504&Itemid=386</p> <p>2. To pilot the Carers Passport within YDFT, evaluate and recommend roll out if shown to be successful</p>	<p>1. Inclusion in discharge policies and contracts by September 2011 for implementation from April 2012</p> <p>2. Pilot to take start by Dec 2010 Recommendations completed by April 2012</p>	<p>1. Included in the principles for Admissions and Discharge policies and circulated to all Acute Trusts.</p> <p>2. Need update from YDFT</p>	<p>1. Need confirmation from York Acute Trust they are signed up to the principles.</p> <p>2. YDFT to feed back at next meeting in Aug</p>

4C	<p>Primary Care and GPs: Primary care professionals should identify carers ensuring appropriate support, signposting and referrals, including those supporting people with mental health problems.</p>	<ol style="list-style-type: none"> 1. Promote carers issues with GP practices by utilising the Royal College of GPs action guide for GPs and their teams. 2. Utilise opportunities for input to GP and community staff training and development events to raise carers issues. 3. People with mental health problems receiving support from Primary Care Services: ensure their carers receive appropriate support. 	<ol style="list-style-type: none"> 1. Distribute amended action guide to all GP practices by March 2012 2. Input to training for primary care staff as opportunities arise 3. Raise issues with York Mental Health Modernisation and Partnership Board Health by January 2012 . <p>Explore use of Mental Health Support Line</p>	<ol style="list-style-type: none"> 1. 2. 3. E-mail sent to chair of MH Modernisation and Partnership Board to request agenda item at future meeting to discuss. 	<ol style="list-style-type: none"> 1. Discussions with CCG rep to agree best approach to distribute guidance. 2. Discussions with CCG rep to identify opportunities to include Carers issues in training. 3. Await response from MH Board.
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4D	Emotional Support: Carers should have support to maintain their well being and reduce stress	1. Audit support and services available to carers. Identify gaps in provision and consider options. 2. Support for ex-carers to tie in with End of Life Strategy	1. Audit completed by March 2012 2. Develop end of life recommendations for supporting carers	1. Lack of capacity to undertake this at present 2.	1. 2. Links to be made with York / Selby End of Life Strategy Group.

4E	Young Carers	<p>Carers Health Steering Group and Outcome Five lead to address how the health needs of young carers can be meet, and action accordingly.</p> <p>Priorities identified:</p> <ol style="list-style-type: none"> 1. Emotional support and CAMHS 2. Raise awareness of GPs through Young Carers Revolution DVD 3. Staying healthy – self health checklist for young carers. 	<ol style="list-style-type: none"> 1. TBC 2. TBC 3. TBC 		Carers Health Steering Group / Outcome 5 lead.